

SUN PROTECTION POLICY

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer.

At Jigsaw Preschool we want all staff and children to enjoy the sun safely. We will work with staff, parents, and carers to achieve this through:

Education:

- All children will learn about the importance of 'being sun safe' and how this is put into practice
- Parents and carers will be informed about our policy
- Staff should always act as a positive role model and set a good example by seeking shade where possible, wearing appropriate clothing, and applying sunscreen.

Protection:

- Children are encouraged to:
- Wear a sun hat
- Drink lots of water
- Play in the shade
- Wear sun lotion

Sun Lotion:

- Parents/carers are to agree to apply a high factor sun cream to their child before the beginning of the Preschool session.
- Jigsaw Preschool will provide their own supply of known supermarket branded high factor children's sun cream.
- Should this not be suitable, parent/carers must provide their own clearly labelled sun protection lotion with the child's name.
- We will obtain permission from parents/carers for staff to apply sunscreen. Permission will be requested on the child's full registration form and on Tapestry via 'About me'
- <https://forms.office.com/e/a7SFBXz2fh>
- Sun cream will be applied throughout the day and when deemed necessary.

In addition:

Children will spend less time playing outside during the hottest time of the day. Shaded areas will be provided and activities will be organised to make use of available shade.

Suitable clothing / t-shirts with sleeves that cover are encouraged to be worn.

Children are encouraged to wear either wide brimmed or legionnaire style hats when outside.

Spare hats are available for children who forget their own.

Children are allowed to wear UV protective sunglasses.



Stay Sun Safe!

Wear your hat.



Drink lots of water.



Play in the shade.



Wear sun cream.

